**Proverbs – choose one that relates to your own experience**

The paleness of the pilot is a sign of storm.

Although the sun shines, leave not your cloak at home.

If the sun goes pale to bed, ‘twill rain tomorrow it’s said.

Let not the sun go down upon your wrath.

No sun without a shadow.

The sun is never the worse for shining on a dung hill (ie virtuous people are rarely corrupted by contact with impure things or people).

The sun shines upon all alike (Matthew 5, 45 The New Testament).

Where the sun enters, the doctor does not.

Every light has its shadow.

Don’t hide your light under a bushel.

A couple of non-light-related sayings

Few words are best.

A thousand cranes in the air are not worth one sparrow in the fist.

Never a borrower nor a lender be.